

# West Kirby Farmers' Market



# News

**Next market - Saturday 23rd June 2018 9am-1pm**



## The Chocolate Cellar -

"This month I'm making macarons and dipping some of those amazing Claremont Farm strawberries in chocolate."



**Billy the Fish** - "This month I'll have some local wild sea bass and wild sea trout, plus hake, grey mullet and dressed crabs (first come first served!)."

**Crosslea Farm** - "We'll have double yolkers but come early if you want them so as not to be disappointed."



**Chilly Stuff** - "I've made pistachio ice cream for market this week, and strawberry ice cream with Claremont Farm strawberries."

**Bongo's Rock n Roll Chilli Pickles** - BBQ Chilli Drench - if you enjoying eating barbeque food that bites back!



**Rowlands Red Polls** - free range, grass fed LEAF Marque rare breed beef.

**Veggie Fayre** - "I am making a tart with courgettes, roasted garlic & garden herbs, extra cauliflower cheese tarts, and an asparagus & really lovely Welsh brie tart."

**Funky Flapjacks** - "I am baking the usual selection of cakes - however I am trying a new recipe with raspberries - a type of Bakewell cake so please come along for a sample. I would love to use all the fantastic produce around at the moment but in order for everything to be fresh there isn't enough time."

## July Diary Dates

Sat 1st July 10 to 12.30pm

**Wallasey Food Fair**

Mosslands School

1st Sunday every month

— —

Sat 14th July 9am to 1pm

**Wirral Farmers' Market**

New Ferry Village Hall

2nd Saturday every month

— —

Sat 21st July 10am to 3pm

**Heswall Farmers' Market**

Church of Good Shepherd Hall

3rd Saturday every month

— —

**Saturday 28th July 9am - 1pm**

**West Kirby Farmers' Market**

St Andrew's Church Hall

4th Saturday of every month

## Thanks and apologies . . .

"Here are deepest thanks to our customers for their support and also deepest apologies for the lack of produce. We miss those monthly conversations and would love to resume them in the future. However, while Owain is poorly (lymphoma), Joyce and I must devote our time on the farm."





# PYO summer fruit at Claremont Farm...

The Pick Your Own Fruit Fields are now OPEN  
10am – 6pm seven days a week - with tractor  
rides at the weekends, weather depending.

At the moment there are Strawberries £3.50/kg  
and Gooseberries £2.75/kg.



The rest of the fruit will ripen over the next couple of weeks, so keep an eye on the Claremont Farm [Instagram](#) or [FB page](#) for updates.

Follow the signs from Clatterbridge roundabout.

More info at [www.claremontfarm.co.uk](http://www.claremontfarm.co.uk)

## ... and their strawberries are really delicious!

The Chocolate Cellar  
dips in chocolate



Chilly Stuff mixes  
them into gelato



Windsors soak  
them in rum





## We know that:

- people lead busy lives
- they're interested in the market but don't find time to read the newsletter
- they still forget which Saturday of the month the market's on!

## We've been asked

to send an email a couple of days before the market with :

- a reminder of the date in the subject line so that it doesn't even need to be opened to get the message,
- just the 'headlines' in the body of an email so that people can scan newsletter highlights in 20 seconds,
- a link to the newsletter as a pdf so that, if people want to, they can download and read when time allows.

### Seasonal specials at market this month include:

Macarons & choc dipped strawberries - The Chocolate Cellar

Double yolkers - Crosslea Farm

BBQ Chilli Drench - Bongo's Rock n Roll Chilli Pickles

Pistachio gelato - Chilli Stuff

Courgette, roast garlic & garden herb tart - Veggie Fayre

Raspberry Bakewell cake - Funky Flapjack



### Also in the newsletter this month:

- News from Bryn Cocyn
- Local PYO soft fruit
- *Tastes of Home* recipe book
- Rare Breeds Survival Trust
- Tappers Summer Release
- Ppp...pick up a picnic from Deli1386
- Buy local at *The Barn*
- St Andrew's Church summer organ recital series

## So that's what we do!

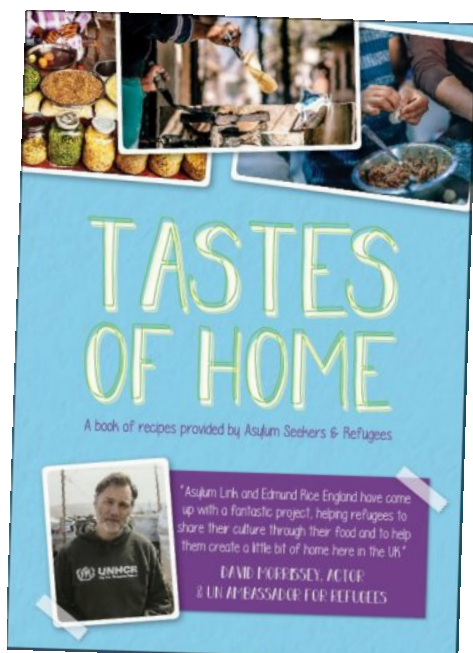
Whether you want the 2 second reminder, the 20 second headlines or the five minute read - **just sign up here** and you'll get an email a few days before each market.

And if you don't get the email (or missed the GDPR reply!), here's what the 20 second 'headline' version of this month's newsletter looks like - to show you what you're missing!

# TASTES OF HOME

## A BOOK OF RECIPES PROVIDED BY ASYLUM SEEKERS AND REFUGEES

Bala, The Chocolate Cellar, asked if she could put these cookery books on her stall after a friend had written:



*"A little while ago you may remember that I attended a Syrian Evening and very much enjoyed meeting Syrian people, some of whom are refugees in this country. They cooked for us, played music for us and told us about their culture. Syria was a beautiful country before the war ravaged it and its people."*

*"Anyway - I offered to help in any way I could and one of the ideas was for me to be a sort of 'middle man' - some of the refugee families have shared their recipes and have compiled a cook book and I have a few of these to sell on their behalf. They are £5, and if the food I tasted is anything to go by ... you're gonna want one of these books."*

In the book, *Tastes of Home*, Edmund Rice England and Asylum Link have gathered some fantastic exotic recipes from the refugees they work with. All proceeds from the sale of the book go to support refugees in the area. **Buy it from The Chocolate Cellar stall this month. £5.**

## Rare Breeds Survival Trust

Rowlands Red Polls are now registered with the The Rare Breeds Survival Trust (RBST).

RBST is a conservation charity which aims to monitor, save and promote endangered UK breeds of livestock from extinction. It holds a watch list of endangered livestock and projects have included the collection of genetic material to ensure the future of rare breeds in a farm animal "gene bank".

Rowlands will be at the market as usual this week, but if you want to buy their beef elsewhere or at other times, it's now on sale in the food hall at the Grosvenor Garden Centre, Chester, and from their Grange Farm shop in Mickle Trafford - open Fridays 15:00 - 17:30 and Saturdays 09:00 - 11:30, plus other times by appointment. (They also have a meeting room for hire, and do farm tours and group & school visits.)

The Grange, Warrington Road, Mickle Trafford, Chester CH2 4EB. Tel. 07950 963526

[www.rowlandsredpolls.weebly.com](http://www.rowlandsredpolls.weebly.com) Find them on [Facebook](#) Follow them on [Twitter @redpollfarm](#)



**RARE BREEDS  
SURVIVAL TRUST**



Our rare breed and grass fed Red Poll beef is accredited by the Rare Breeds Survival Trust.

## Tappers Summer Release

*West Kirby-based Tappers have re-released their summer seasonal gin, Three Fine Days.*

A citrus style gin perfect for the warmer months, Three Fine Days makes a refreshing G&T with plenty of ice and Fever-Tree tonic. The name is a wry nod to the old adage that "the British summer consists of three fine days and a thunderstorm".

You can find it by the glass in local pubs, bars and restaurants, and by the bottle in specialist independent retailers including Homebrew Bottle Shop (Banks Rd, West Kirby)

Tappers are also in the middle of a move to bigger premises. They're planning to open their new distillery to the public for tours and tastings, so watch this space and keep up to date with all the latest news by following them on [Twitter](#), [Instagram](#) and on [Facebook](#).





## Wine Sampling

### - Summer's Here! Part 2

- Friday 6th July from 6.30 - 8pm

Thanks to everyone who came to the June 'Summers Here' wine sampling. We enjoyed some great wines but the star of the evening was definitely the white port tonic, a fantastic summer aperitif!

As the good weather is seemingly here for a while\* we've decided to run a *Summer's Here! Part 2* sampling. This month we're going to feature Moscatel de Setúbal as well as other summer wines, red, white & rosé.

Moscatel is a traditional fortified muscat wine from the Setúbal region which is just south of Lisbon. It is a delicate, not overly sweet wine that is perfectly suited as a dessert wine but can also be chilled & served as an aperitif. A refreshingly different way to approach those Summer evenings.

As always we'll have a selection of cheeses & other nibbles available to enjoy with the wine.



Join us on Friday 6th July when you can try 3 different wines, with accompanying nibbles. Tickets are £7.50 (payable up-front) & you can arrive from 6.30pm finishing about 8pm.

If you'd like to join us feel free to contact us to reserve your places. As always we'll be holding the sampling in the shop so it's advisable to book to avoid disappointment :)

[info@deli1386.co.uk](mailto:info@deli1386.co.uk)

(\*ok the summer weather may have decided to take a short break but we're sure it will make an appearance again sometime soon :)

## Neptune Beer Event FRIDAY 13TH JULY

On Friday 13th July Les & Julie's beers will be accompanied by a delicious selection of traditional Portuguese food. As we're holding the event in the shop places are limited so to avoid disappointment book your places now.




## 1386 Picnics Al Fresco Dining...

Picnic weather is here! So how about treating yourself to an al fresco lunch.

You can order our picnics in advance & we can deliver locally. Have a browse to see what's available & get in touch to order.





*A new, or rather recently restored, venue has popped up in Heswall which should make it easier for local residents to 'Buy Local & Support Local'.*

# Buy local at 'The Barn'

Sam Peddie, who set up Wirral Artisans, a group of 160+ local makers, artisans & crafters, opened The Barn with a view to supplying locally produced goods. Within a week of opening, she has on board West Kirby sister duo 'Sister Bakes', who make wonderful unique spreads and preserves such as 'Pina Colada' chocolate spread and 'Pineapple & Black Pepper' jam. Janey Fern of Chilli Gourmet is also a welcome and well known stockist who sells homemade chilli chutneys using home grown chillies.

To compliment the edible produce, you will also find natural scented soy candles, ceramics, art, recycled and upcycled housewares and much more besides. The log burner is often on along with a warm welcome and a cuppa. If you believe in supporting local producers, please do put it on your list to visit.

The Barn will also be running creative courses, 'Meet The Maker' events and has space to sub-let to creatives.



## A summery serving suggestion from Windsor's Fruit Liqueurs

### Strawberry Rum Shrub Mojito

2 shots of Windsor's Strawberry Rum Shrub

Soda water

Half a lime

1 fresh Strawberry

1 sprig of mint

Take a tall glass and add some ice, then muddle the mint leaves in the bottom of the glass with the juice of half a lime.

Then add in 2 shots of Windsor's Strawberry Rum Shrub and stir well. Then top up the glass with ice and soda. Garnish with strawberry slices and sprig of mint and serve.



### Stay for cake, a cuppa and a bacon batch

All the funds raised by sales at the  
market café this week go to Claire House.



**THE**  
**ORGAN APPEAL**  
THE SUMMER  
ORGAN RECITAL SERIES  
The Fourth Saturday of each month  
April ~ September  
Coinciding with the West Kirby Farmers Market  
From 10:30 am  
Admission free  
Donations to the Organ Appeal  
gratefully received  
S. ANDREW,  
WEST KIRBY  
The Parish Church of Saint Andrew, West Kirby, Meols Drive/Graham Road CH48 5DE  
revpeterwalsh@btconnect.com  
THE ORGAN RESTORATION  
Rushworth & Dreaper 1928, a three manual instrument with tubular pneumatic action

### we're at...

St Andrew's Church Hall  
Graham Road  
West Kirby  
Wirral CH48 5DE

## Where, when & how to find West Kirby Farmers' Market...

### get there...

...on foot or by bike - 400 metres from West Kirby railway station, on Meols Drive (towards Hoylake), then right into Graham Road.

...by bus - Services 38, 77, 77A, 437 to West Kirby

...by train - Services every 15 minutes into West Kirby station.

...by car - Parking for the market is not easy. Park on Meols Drive and in town centre car parks; and for blue badge parking only, in the Church Hall car park.

### on the...

4th Saturday every  
month, 9am - 1pm

Sat 28th July 2018  
Sat 25th August 2018...

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